

# CALL OR CLICK TO FIND A NETWORK DENTIST

## It's easy with Cigna Dental Care (DHMO)\*

Finding a Cigna Dental Care® network dentist or specialist is quick and easy. And how you do it is up to you. You can search online or call to speak with a customer service representative. **Remember to always pick a network general dentist who's within 25 miles of your location to ensure adequate access.**

### Here's how

#### From myCigna.com – the easiest way

Once you enroll in a Cigna Dental Care plan, register at **myCigna.com**. Then the site will give you information for your specific dental plan. You can search for a dentist using your home zip code. Or, just type in a different zip to search in another area. Then you can search for a network dentist by name, specialty or location. Just follow these easy steps.

- › Log in to **myCigna.com**. Click on “**Find Providers and Costs**” at the top.
- › Enter your search criteria and click “**Search**” – OR –
- › Under “**Popular Searches**” click a dentist by category.

On the go? Not a problem. This information is also on the **myCigna® App**.\*\*

We're with you every step of the way. To help you find better savings, better health and a better experience. From full-service to self-service, Cigna has your dentist search covered.

\* The term DHMO (“Dental HMO”) is used to refer to product designs that may differ by state of residence of enrollee, including but not limited to, prepaid plans, managed care plans, and plans with open access features. The Cigna Dental Care (DHMO) product availability varies by state and is subject to change.

\*\* The downloading and use of the myCigna Mobile App is subject to the terms and conditions of the App and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

**Together, all the way.®**

#### From Cigna.com

- › Go to **Cigna.com**. Click on “**Find a Doctor, Dentist or Facility**” at the top of the screen.
- › Under “**Not a Cigna Customer Yet?**” click “**Plans through your employer or school.**”
- › Choose the “**Dentist**” tab.
- › Enter search location – city, state or zip code.
- › Click on the “**Pick**” button and then “**Dental Plans.**” Then, under Cigna Dental Care HMO, choose the network option being offered by your employer (**Cigna Dental Care Access Plus** or **Cigna Dental Care Access**). If you are unsure which network option is being offered, please contact your benefits representative. After you've selected your network, press “**Choose.**”
- › Review the lists given by specialty. Or narrow your search by typing in provider name, specialty or office name.
- › Once you get your search results, you can further refine your search by:
  - Distance
  - Years in practice
  - Specialty
  - Additional languages
- › Click on a dentist's name for more details. Such as office hours and location listings with map view.

#### Call us at 800.Cigna24 (800.244.6224)

Need help finding a Cigna Dental Care network dentist or specialist? Just give us a call. You can use the automated Dental Office Locator. Or, you can speak directly with a customer service representative. You can also ask for a directory customized by dentist type and location.

#### Call your current dentist

Your current dentist could be in-network. Call the office and ask if they participate in the Cigna Dental Care Access or Access Plus network.



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