

# Benefits of Caring

## Spring 2021 Newsletter



## Your Benefits Make the Difference. Learn About Our Spring Offerings and News

Read this newsletter to find information on the important benefits and programs offered to you as a Catholic Health employee.

- On **this page**, learn about **OptumRx, your new prescription drug administrator**, and about how you can access your information through the **OptumRx website and mobile app**.
- On **page 2**, find information on our **dependent verification process through Consova**, and read about how you can connect with a **Fidelity Investments retirement planner** to answer your questions about the 403(b) retirement plan.
- On **page 3**, discover the benefits of using the **My CHS Rx Pharmacy** and how to utilize **US-Rx Care**, our pharmacy care management program.

## OptumRx is Your New Prescription Drug Administrator

Beginning April 1, 2021, OptumRx will manage pharmacy benefits for Catholic Health. OptumRx provides safe, easy and cost-effective ways for you to get the medication you need.

### What can you do to prepare for your transition to OptumRx?

- In late March, you'll receive new member ID cards with OptumRx information. Keep them in a safe place until you can start using them on April 1, 2021.
- Continue using your current retail or home delivery pharmacy until March 31, 2021.

Beginning April 1, please visit [optumrx.com](https://optumrx.com) or call 1-844-642-9089 for information on your benefits.

### Will the medication I'm currently taking be covered with OptumRx?

To learn if your medication is covered, check your plan's formulary (list of covered medications). View the formulary online at: [optumrx.com/oe\\_premium/prescription-drug-list](https://optumrx.com/oe_premium/prescription-drug-list). Notwithstanding anything on the formulary to the contrary, the prescription drug plan will not cover any costs or benefits that do not comply with the Ethical and Religious Directives of the Catholic Church.

## Pharmacy at Your Fingertips: OptumRx Website and Mobile App

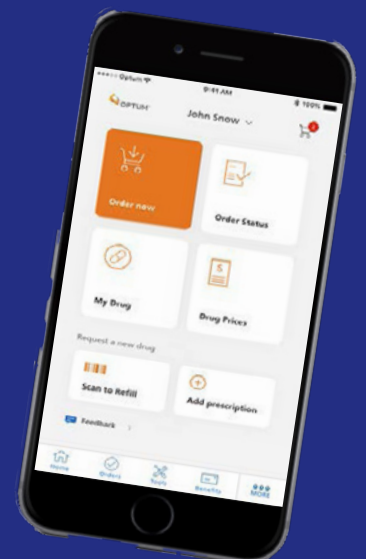
The OptumRx website and mobile app ensure you have the tools and information to actively engage in personal health care and medication management. Intuitively designed digital tools help members easily find health care information.

Starting April 1, go online or use the mobile app to:

- Access a complete profile of your medications and prescription history for all family members
- Set up home delivery, then fill, transfer or renew prescriptions
- Set up helpful reminders to take your medication or refill/renew a prescription

- View medication costs, find lower-cost medications to save on out-of-pocket expenses
- Review claims, benefit information and deductibles
- Prevent delays, release holds and start prior authorizations without contacting your doctor
- Locate the nearest in-network pharmacy

On or after April 1, 2021, you can create an account on the OptumRx website using information from your member ID card. Then download the OptumRx mobile app and access your pharmacy benefits and prescription information—anywhere, anytime.



## Verify Your Enrolled Dependents on a Catholic Health Plan

If you have a spouse enrolled as a dependent under your coverage, you may have received a packet in the mail from Consova about the Spouse Dependent Eligibility Re-Verification process. Catholic Health requests that employees re-verify their spouse on an ongoing basis to make sure the spouse meets the eligibility requirement since originally being verified. Please take the appropriate steps to provide the requested documentation directly to Consova by the deadline communicated in the letter you received.

You may also be asked to provide documentation if you newly elected to cover a dependent on your Catholic Health benefit plan.

### Examples of documentation you may be asked to provide include:

- Marriage Certificate
- Birth Certificate
- Federal Tax Return (Most Recent Available – 2019 or 2020)
- Adoption Certificate
- Court Order/QMCSO

Once your submitted documentation has been reviewed, Consova will mail a letter to you regarding the updated status and if any additional information is required.

**Please be assured and understand that any/all information you provide to Consova is kept secure and confidential, at ALL times.**

If you have any questions about this process or need assistance, please call Consova's Verification Assistance Center at (844) 872-1592 Monday through Friday, 8:30am – 7:00pm Eastern Time.

## Retirement Solutions From Fidelity Investments®

Fidelity Investments is the provider for your Catholic Health 403(b) Plan. We understand that everyone's needs are different, and our goal is to help you increase your financial knowledge and confidence. You have the opportunity to meet with a Retirement Planner, attend a virtual webinar or a quick Q&A Session.

### TALK OR VIRTUALLY MEET WITH A RETIREMENT PLANNER

At Fidelity, we are experienced in helping people plan for their financial futures. We can help with basic budgeting to complex financial situations. Call (800) 642-7131 for planning, advice, and appointments, or call (800) 343-0860 for general transactions and information.

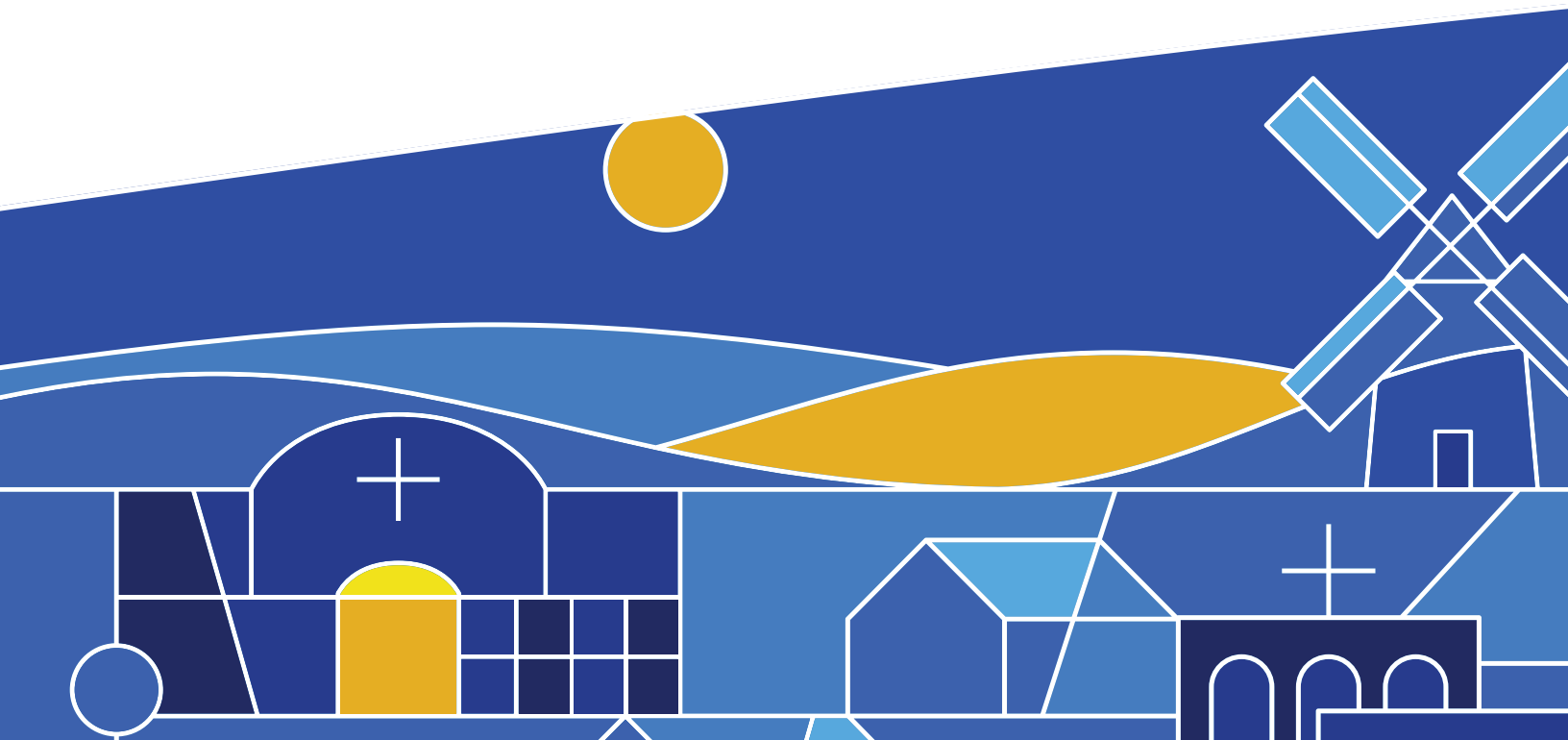
**Visit [Fidelity.com/schedule](https://www.fidelity.com/schedule) or text "MeetFidelity" to 343-898 to schedule your one-on-one appointment.**

Not enrolled in a Catholic Health 403(b) Plan? Choose a savings approach that suits you today—and adjust it any time to fit your changing needs. To enroll visit [NetBenefits.com/Easy](https://www.netbenefits.com/easy) or text "Start" to 343-898.

### SCHEDULE A VIRTUAL APPOINTMENT WITH A HANYS RETIREMENT EDUCATOR

HANYS Retirement Educators are available every day for virtual one-on-one appointments! To schedule a meeting with:

- Kentrel Herbert: Call (631) 495-0318 or email [Kherbert@hanys.org](mailto:Kherbert@hanys.org).
- John Rosenfeld: Call (914) 907-3791 or email [Jrosenfe@hanys.org](mailto:Jrosenfe@hanys.org).



## My CHS Rx Pharmacy Offers Savings and Convenience

Employees and their dependents can use My CHS Rx Pharmacy for their prescriptions, including specialty medications. In fact, many have discovered significant cost savings through My CHS Rx, with reduced copays and coinsurance.

“When my pharmacy called to let me know the prescription was going to be \$150, my heart sank. Your team got me the same prescription for \$7,” said one employee.

“The difference in price for my medication using My CHS Rx went from \$315 to \$10. The staff was also quick to reply to emails and fill my prescriptions,” another said.

The program carries all available medications, both generic and brand name prescription drugs. Most insurances are accepted, including CVS Caremark, Express Scripts, Humana and most Medicare Part D plans. Employees with medical and prescription drug coverage through Catholic Health can get three months’ supply for the cost of two months of copays. In addition, prescriptions are conveniently delivered, available at the employee’s Catholic Health facility or mailed home at no extra cost.

To learn more, call (516) 207-7007 or email [MyCHSRx@chsl.org](mailto:MyCHSRx@chsl.org).

## Save on Your Prescription Drug Costs With US-Rx Care

Last year, Catholic Health introduced a new pharmacy care management program in partnership with US-Rx Care. This program is designed to help reduce your out-of-pocket prescription spend and best navigate the OptumRx formulary. This is an innovative program which analyzes your specialty and non-specialty prescription drugs and communicates with prescribers regarding quality of care and cost-saving opportunities.

This program is an enhancement to your existing pharmacy benefit plan. There are no co-payment or formulary changes associated with the program.

At times, US-Rx Care may call you to discuss pharmacy care options. These calls, along with your prompt reply, will provide opportunities for you to save money.

We know that you will want to take advantage of money-saving opportunities for yourself. We also know how busy you are. Only when savings opportunities are identified by US-Rx Care, will they contact your doctor to explore available options for you and notify you when approved.

Catholic Health is pleased to be able to offer this quality of care and cost saving program as part of your pharmacy benefit.





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## Springtime and the Savings Are In!

**Spring savings and discounts are here!**

Find deals on electronics and entertainment packages, explore financial planning services, browse eBook and audiobook subscriptions (and more!) by checking out your Catholic Health Discount Program.

Check it out today:

[chsl.perkspot.com](https://chsl.perkspot.com)

